

Framework of Continuing Professional Development Activities

	CATEGORY	EXAMPLES	CREDIT RATING
Section 1: Group Learning	Accredited Group Learning Activities Conferences, rounds, journal clubs or small-group activities that adhere to Royal College standards; can occur face-to-face or online.	Accredited conferences, rounds, journal clubs, small groups	1 credit per hour
	Unaccredited Group Learning Activities Rounds, journal clubs, small-group activities or conferences that have not been submitted for accreditation; no industry sponsorship.	Unaccredited rounds, journal clubs, small groups or conferences	0.5 credits per hour (maximum of 50 credits per cycle)
Section 2: Self-Learning	Planned Learning Learning activities initiated by a physician (independently or in collaboration with peers or mentors) to address a need, problem, issue/ goal relevant to their professional practice.	Fellowships Formal courses Personal learning projects Traineeships	100 credits per year 25 credits per course 2 credits per hour 2 credits per hour
	Scanning Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice.	Reading a book Reading a book chapter Reading a journal volume Reading a journal article Bulk journal reading with transcript Bulk online reading/scanning with transcript Podcasts, audio, video Internet searching POEMS Poster Viewing	10 credits per book 2 credits per chapter 2 credits per volume 1 credit per article 1 credit per article credits noted on usage log 0.5 credits per activity 0.5 credits per activity 0.25 credits per activity 0.5 credits per poster
	Systems Learning Learning stimulated by contributions to practice standards, patient safety, continuous quality improvement, curriculum development, assessment tools etc.	Clinical practice guideline development Quality care/patient safety committee Curriculum development Examination development Peer review	20 credits per year 15 credits per year 15 credits per year 15 credits per year 15 credits per year
Section 3: Assessment	Knowledge Assessment Programs approved by Royal College accredited providers or recognized under a CPD/MOC recognition agreement. The program provides data with feedback to individual physicians on their current knowledge base, and may help identify future learning opportunities relevant to their practice.	Accredited self-assessment programs	All assessment activities are 3 credits per hour
	Performance Assessment Activities that provide data with feedback to physicians, groups or health teams related to their personal/collective performance across a range of professional practice domains. Assessment activities occur in a simulated or actual practice environment. Simulation activities must be accredited by the Royal College or recognized under a CPD/MOC recognition agreement.	Accredited simulation activities Chart audit and feedback Multi-source feedback Direct observation Feedback on teaching Annual performance review Practice assessments	

This table summarizes the learning sections under the MOC Program framework. Activities submitted via MAINPORT ePortfolio are automatically converted into credits.